

Congupna Primary School

WEEKLY NEWSLETTER



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Dear School Community,

Today is **R U Okay Day**. Students across the school have had discussions about what this means. A lot of the lessons we can learn are about what it is to be a good friend, 'bucket-filling', and being kind to others. We all need a little help from time to time, so we think this is a very timely message.

Our **Sporting Schools Basketball** sessions are two thirds complete and we have two remaining sessions on Tuesday and Thursday next week. Sam and Robbie have been fantastic coaches, and our students have had an amazing experience learning new skills and having lots of fun.

Our **'Healthy Living' Kitchen Garden program continued today with Lily Summers from Primary Care Connect**. The focus was on 'food for fuel' for this session and we hope that students understand and appreciate the nutritional value of foods, and more specifically those that provide sustained energy for our bodies.

Our **AFL Cluster Day takes place tomorrow** with approximately 280 students from four other local schools. Sessions will run from 10am to 2pm so that we give other schools a chance to travel here. The junior Grade F-2 students will participate in Auskick skill sessions on-site at school. Our senior Grade 3-6 students will participate in AFL Superkick sessions across at the Recreation Reserve which will include a series of nine-a-side games focusing on participation, making friends and having fun. Parents are not required to attend. This is a **'Footy Colours' Day**, so students may wear a footy jumper over their school uniform and may wear footy boots whilst they are participating in activities only. Students also required a cut lunch as there will be **no pie warmers or lunch orders** on this day.

Our **Book Week Parade** will take place next **Tuesday 15th September**. The **parade will run from the start of school at 8:45am through until around 9am** when classes start. Families are welcome to attend and take home fragile or valuable costume parts when they depart at 9am. Many extra costume features will be held by classroom teachers

and returned to students at the end of the day so as not to cause issues at break times. We look forward to a day of celebrating our love of books and reading with Mrs Campbell.

We have all our Camps in Week 3 and 4 of next Term. Our **Grade 3 students** are travelling to **Billabong Ranch in Echuca** from **Tuesday 20th to Wednesday 21st September**. Our **Grade 4-6 students** will travel to **Pioneer Settlement Camp** in Swan Hill from **Monday 19th to Wednesday 21st September**. I can also announce that our **Grade F-2 students** will have their **Extended Stay and Sleepover** the following week on **Thursday 29th October**. We look forward to all our students having the chance to become more independent, resilient and expand their horizons.

Our **School Parent/Carer Survey is currently open**. So far, we have had 22% of families respond, which is a great start. The survey closes at the end of next week, but we would love to report a much higher percentage in next week's newsletter

Our **last day of Term takes place next Friday** and after discussion with local Council who run the Crossing and School Council, **we will finish at 2:30pm**. This will enable a school crossing supervisor to be present and safely operate the crossing whilst the speed has been reduced to 40kph. Our **final school assembly** will therefore take place at **2:15pm** where we will award our **Terrific Kid of the Term**.

Thanks for Reading, Adam Cleary - Principal

Thought for the week

R U Okay?

**A conversation could
change a life.**



Spriggy
Schools

Seesaw
Keeps everyone in the learning loop

SCHOOL COUNCIL

President: Lauren Sibio
Deputy: Amy Ellis
Secretary: Wendy Sidebottom
Treasurer: Jill Richardson
Members: Adam Cleary, Brad Benton, Sam Prentice, Jaclyn McCarty, Jeremy Lee, Greg Joinbee.

SCHOOL COUNCIL MEETING DATES

TERM 4

Monday 12th October 6:30pm

SCHOOL PARENTS & FRIENDS

President: Angie Grills
Secretary/Treasurer: Jill Richardson
Members: Amy Ellis, Lauren Sibio, Jess Benton, Bec Threlfall, Robyn Reynolds, Bernadette O'Toole, Lexi Wright, Georgina Prentice, Emily Krake, Jacinta Allen, Jayde Bannister, Melissa Hudson.



TERM 3 CALENDAR

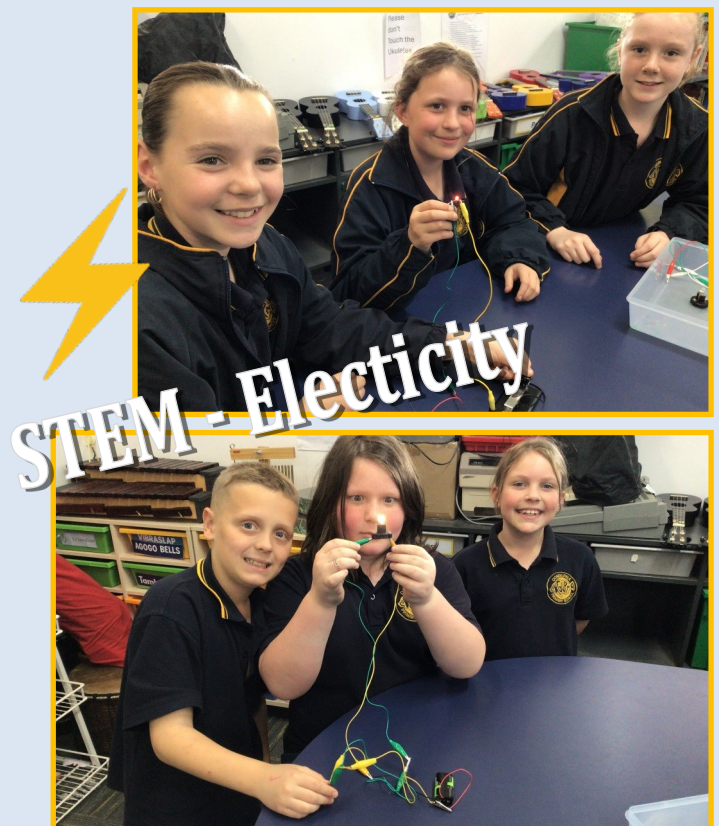
September

10th Kitchen Garden Program
11th AFL Cluster Day
15th Sporting Schools - Basketball
15th Book Week Parade at 8:45am
17th Sporting Schools - Basketball
18th Last day of Term 3 (**FINISH AT 2:30PM**)

TERM 4

October

5th First Day of Term 4
8th Kitchen Garden Program
19th Grade 4/5/6 Camp (Swan Hill) begins
20th Grade 3 Camp (Billabong Ranch) begins
29th Grade F-2 Extended Stay and Sleepover



We are **KIND**

We are **BRAVE**

We are **CURIOUS**

CONGUPNA CRUZERS Soccer Report

Under 7 Blue

What a way to finish the season. Our last game was an 8:30am start, in the pouring rain. We did our best to keep smiling, have fun and finish the season on a high. Benji led the team as captain and did a great job, even having a go at playing defence. Kohen was away and definitely missed. There has been so much improvement across the whole team this season. It has been fantastic watching them grow in confidence and develop their skills. Eli has made some great progress, especially with reading where the ball is going and reading the play. Scarlett and Ammasyn are always giving it their all and working hard to get involved. Max had to leave the field with a sore ankle, but still gave it his best while he was out there. I'm so proud of every single one of our Under 7 Blue Cruzers.

Coach Lindy

Under 7 Yellow

Our last week we had a forfeited game so no opposition. I'd like to thank everyone that was involved from our amazing team through to the ever present and supporting parents. It's so lovely to be a part of a community that is really about providing positive experiences for our children. Looking forward to seeing everyone next year.

Coach Phil

Under 10 Yellow

The heavens decided to open up for the boys on our last game against the Guthrie St Pumas for the year, but it wasn't going to dampen their enthusiasm. The boys didn't concede a goal in the first half and kicked 2 ourselves. We ended with 3 goals – 1 each to Flynn, Eddie and Artie. The most impressive part was their visible growth in skills and confidence, that they can take into next year. George got the Boost award this week for his terrific first half across the midfield, stopping all attempts from the opposition and setting up some chances for us. Flynn was awarded the Pizza award for his huge effort across midfield and forward, giving the opposition defence plenty of headaches with his skill and gut running. The development of these young fellas has been huge and Brad Sibio can be attributed to playing a huge role in that. Thanks for coaching Brad – I know the boys got plenty out of it. Go Cruzers!

Team Manager Matt

Under 10 Blue

U/10 Blue saved their best performance for the last half of the last game in the season. With Jaylen not able to play this weekend so we were down to 2 subs, Jorden was our captain and put on the goalkeeper gloves for the first time since the first few rounds, finding himself under immediate pressure from the opposition Kyabram team who were quick to get on the score board with 2 early goals. The team finding their feet and positions midway through the first half to slow down the aggressive play and scoring from the opposition. Going into half time 0-2 against us, we used this time to talk and listen to what we needed to do to improve our game. Ethan took to goalkeeper and Jorden moved back into his mid-forward position with Ashton, Jack and Kaiden. After a quick chat with Rob on the halfway line, Jack wasted no time in putting into practice what was just spoken about, getting a goal in the opening minutes of the half. Then with some great teamwork and passing from Kaiden he followed it up a short time later with a second goal to level the scores. The opposition felt the Cruzers pressure, and started to push forward but were met with firm defence from Zoe in the mid field who continually spoiled and denied their drive forward. When the opposition did manage to get past Zoe, Heston was ready and waiting, working hard to clear the ball out of the danger area. Dan & Skye covered the mid-field and supported their team with passes forward. With a draw looming and aggressive play from the opposition Archer stepped up with his best defensive play all season, not waiting for the pressure to get to him, he read the play raced forward to the half way line just as Kyabram were about to get a breakaway and belted the ball down into our forward wing, the opposition tried to send it back but thanks to Lincoln being in his position he deflected the ball right into the path of Ashton, who from 2 meters outside the corner of goal box who took a touch then with a cracking shot launched the ball up into the top left corner of the goals to put us up 3-2. Ethan delivered one last amazing goalkeeper effort in the dying moments of the game, under fierce pressure he selflessly threw himself onto the ball amongst flying feet to shut down an aggressive last-ditch attempt from the opposition. Thank you to U10 Cruzers blue for a great season, you all improved in your soccer skills and especially your listening skills and displayed the best teamwork I have ever seen on the soccer field.

Coach Brad



FREE EVENT
HOSTED BY
GV WELLBEING
AGES 12 TO 25

**GREATER SHEPPARTON
YOUTH FEST**
SEPTEMBER 2026

**WEDNESDAY
30TH
SEPTEMBER
12PM - 2:30PM**

GV Wellbeing

MAKE SLIME
CREATE AN EDIBLE GARDEN
GIANT LEGO BUILDS
CHILL OUT IN OUR SENSORY SPACE
PICK UP SOME
MENTAL HEALTH RESOURCES

**SAUSAGE SIZZLE LUNCH
PROVIDED**

16 WYNDHAM STREET
SHEPPARTON

RSVP-
0402 367 835 or hello@gvwellbeing.com.au

GOLDILOCKS ROCKS!

**Tues 22 September
10:30am
Riverlink Eastbank**

Riverlinks & Jally Entertainment present
GOLDILOCKS ROCKS
SCHOOL HOLIDAY FUN

**ALL GIRLS
GROUPS
AVAILABLE**

**SCHOOL
HOLIDAYS
SORTED**

PLAY.AFL/HOLIDAYPROGRAMS

**SHEPPARTON
SCHOOL HOLIDAY PROGRAM**

THURSDAY 24TH SEPTEMBER | 9AM-3PM
KIALLA RECREATION RESERVE
BOYS AND GIRLS AGED 4-12 YRS
\$55 PER PERSON - FOOTY TO KEEP!

AFL PLAY



SHEPPARTON NORTH TENNIS CLUB

**KIDS KEEN
TO PLAY?**
ALL AGES

Junior Players Wanted!
Beginners to Advanced Welcome
Small Country Club
Family Atmosphere
Saturday Morning Competition

Express Interest Now

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www.facebook.com/SheppNorthTennisClub/