Dear School Community,

Please be aware that there will be a Book Parade next Tuesday 15th November as part of our MARC Cluster Day! The theme is ‘Everything Australian’ and children are invited to dress up as their favourite ‘Australian’ book character. The Cluster Day here at Congupna Primary School next week promises to be a blast for all 230 children in attendance. Please contact the school if you are able to help with catering on the day.

2017 Booklists have been distributed with this newsletter. Please return your order to school by Friday 9th December so that we can forward these to Lucky Lovell’s Newsagency and they can order your student requisites to be ready in January. If you have any questions regarding this process, please contact the school and we will endeavour to find you the right answer - this is all new to Justine and me too!

Congupna Primary School students will be Ten Pin Bowling over the next two Thursdays. This is part of our Term 4 Sporting Schools program and training will be provided by specialist coaches at Star Bowl in Shepparton. This is part of our school curriculum and there is no cost involved. All students are expected to attend and participate. It should be great fun for all involved but I hope we don’t keep score!

Our Grade 4/5/6 classroom get the fantastic opportunity to go Yachting on Friday at Victoria Lake in Shepparton. This day never ceases to amaze me when up to six students are piled into a miniature yacht and told they all need to cooperate in order for them to sail successfully. They say that ‘necessity breeds invention’ and some of the confidence I have seen students gain out of this day has been a definite highlight for me over the years I have attended. Please remember that children must bring an old pair of shoes, a towel, plastic bag and that all students should wear shorts and ‘rashies’ or t-shirts on the water. The school will provide plenty of sunscreen!

Thank you to all of you that have returned permission slips and made payment for our upcoming excursions, lunches and camps recently. Family accounts are being sent home today with the newsletter now that Justine and I are beginning to catch up administratively. Please contact us if there are any statement errors or if you require to set up some type of payment plan.

Finally, I do have some working bee tasks that are available for volunteers that would like to come in and help out. It is amazing what can be achieved when we all pitch in…

Thanks for Reading, Adam Cleary – Principal.
TERM 4 CALENDER 2016

November

10th  Sporting Schools - Ten Pin Bowling
11th  Grade 4/5/6 Yachting @ Lake Victoria
11th  Playgroup 9am – 11am
15th  School Council Meeting 6:30pm at School
15th  MARC Cluster Day at Congupna PS
17th  Sporting Schools - Ten Pin Bowling
18th  Grade 4/5/6 Multicultural Excursion
22nd  Third Orientation Day for 2017 Prep Students
22nd  Big Write - Report (Grades P/1 & 2/3)
22-25th Grade 5/6 Cluster Camp to Cape Otway
25th  Playgroup 9am – 11am
29th  Somers Camp (Grade5/6 - Optional)

December

6th  Fourth Orientation Day for 2017 Prep Students (State Transition Day)
9th  Whole-school Fun Fields Excursion
9th  Return 2017 booklists by today
12th Grade 6 Graduation Dinner
13th Big Write - Letter
14th Grade 6 Cluster Transition Day
15th School Concert
16th School Reports sent home
19th Last Day of Term 4 for Students (12:30 BBQ, 1.30 Assembly, 2.00 Dismissal)

2017 Foundation Students enjoying transition day yesterday.

SCHOOL COUNCIL

President – Geoff Jacobson, Secretary - Wendy Sidebottom (Teacher Representative) Members - Adam Cleary (Principal), Narkea Rogers, Damien Scott, Jarrod Osborne, Andrew Miles & Tracy Gauci (Parents & Friends Representative)

Meetings are held every 3rd Tuesday of the month – 6.30 start unless notified of a change.

⇒ Term 4: 15th November, 2016
<table>
<thead>
<tr>
<th>Grade</th>
<th>Name</th>
<th>Award</th>
<th>Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>F/1</td>
<td>Chase Adams</td>
<td>Persistence Award</td>
<td>For persistence with trying hard to get all his work done. Keep it up!</td>
</tr>
<tr>
<td>2/3</td>
<td>Skye Pryde</td>
<td>Getting Along Award</td>
<td>For being helpful in class.</td>
</tr>
<tr>
<td>4/5/6</td>
<td>Stephen Morely</td>
<td>Resilience Award</td>
<td>For when things don’t go right and finding ways to cope and move on.</td>
</tr>
<tr>
<td></td>
<td>Terrific Kid</td>
<td></td>
<td>Deacon Bourke</td>
</tr>
</tbody>
</table>
Remembrance Day– Poppy Badges for sale

Poppy badges are now available from the school office for $1.00 each. If you would like to support remembrance day please see Justine in the office to purchase your badge.

Book Club Issue 7

Issue 7 Bookclub has closed. Thank you for your purchases!

Issue 8 will be available in the coming weeks and is the last issue for the year. A return date for this issue will be posted in the newsletter in the coming weeks.

Competition Time!

School Banking Term 4 Activity

The Commonwealth Bank have provided a fantastic prize pack for one lucky student to win at the end of term!

To be in the draw all you need to do is:

*Make at least 3 deposits into your bank account.*

You can see the prize pack displayed in the School Office. The winner will be drawn at the last school assembly.

Remember, School Banking day is every Tuesday.

Good Luck!!

Commonwealth Bank
I am Okay..... You are Okay! ACT with Mindfulness for US.

A workshop for men and women in SHEPPARTON

Live the life that you love, AND be the BEST YOU, by understanding how your mind works.

Learn how to deal with the really tough stuff. Come along to be with other men & women to understand the gap between what you know and what you do.

**DATE:** Saturday, 19 Nov
**TIME:** 10am to 3pm
**LOCATION:** Sherbourne Terrace, 109 Wyndham Street, Shepparton.

Just some of the skills and strategies you will learn on this day are:

- Understand how your mind works AND keep moving forward to be the BEST YOU
- Understand anxiety and fear as a normal human emotion
- Learn how to ACT Curious and be "contagious calm".
- Learn Mindfulness and know how to respond, not react to be the man/woman you want to stand for
- Recognise and learn the difference between guiding and gatekeeping your child
- Identify and understand past events in your life that you have developed rules for your future
- Identify the early warning signs when YOU are not coping/lost/overwhelmed and develop a written SELF CARE PLAN
- Know when you or someone you care about needs to seek professional help

*Tea/coffee and morning tea provided. There are many places nearby to get lunch.*

Register at [www.actcurious.com](http://www.actcurious.com), click on the dropdown button "Training Events"
TOTAL PEST CONTROL
Ph 03 5823 1107
Mob 0406 597 009

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MOBILE 0418 513 665

JEFF CAMERON, MANAGER
Ph.: 58299622
Fax: 58299615

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Optometrists and Contact Lens Practitioners
Alan Schmedje BSc Opt

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